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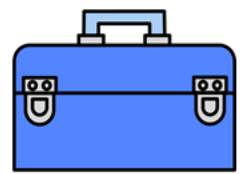
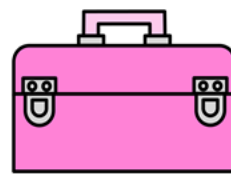
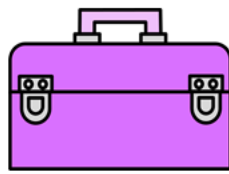
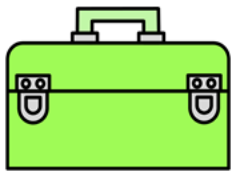
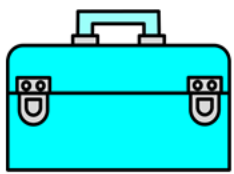


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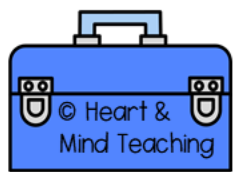
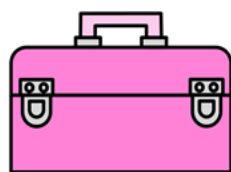
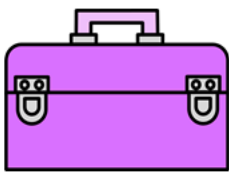
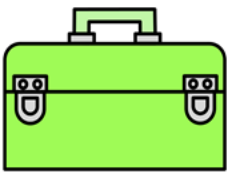
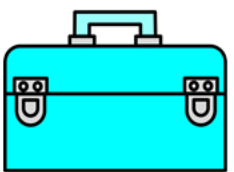


If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

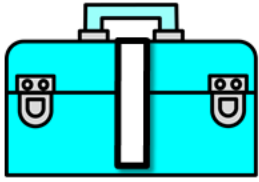
♥
Ashley



BEHAVIOR TOOLBOX Troublemaker



BEHAVIOR TOOLBOX



Troublemaker

What it looks like

- *Student is always causing trouble.
- *He/she seeks out the negative of every situation.
- *Student attempts to convince others that the rules are unfair, rarely talk to others in a constructive way.
- *He/she starts rumors and frequently points out any advantage one student has over another.
- *Student has a low self-esteem and usually looks like they are unhappy.
- *Student does not appear to care about the consequences of their actions.
- *He/she tries to get others to complain and make it look like it was not from them.
- *Student likes to try to convince other students that they are not being treated fairly.
- *Student gets a sense of power over causing trouble

Troublemaker

BEHAVIOR TOOLBOX



Troublemaker

What to do

*Ensure the class understands the rules, the purpose of each rule, and seek student input when creating the rules.

*Have a private conference with the student to try to find a reason for the behavior. Make the student see that you care and are worried about them because this is out of character for them. The student is likely under some kind of distress, in which case talking to someone about the problem is vital. Holding distress in can cause irrational fears to grow and increase acting out behaviors. Encourage the student to open up to you but if they choose not to, encourage them to open up to someone, preferably a trusted adult. Recommend they speak to their school counselor.

*Often troublemakers feel their teacher does not like them, say 'If I did not care for you, I would allow you to do whatever you want like miss school, miss work, not pay attention, etc. I do care, which is why I push you to complete your work and be the best person you can be, because you have a lot of potential.'

*Use patience when dealing with this student. Attempt to reduce negatives in the students life, and increase positive diversions, for example tell the student to make sure they take care of themselves and give them a night off of homework (temporary allowance to show your empathy) to validate your concern. Remind them that they can get through hard times and to keep their head up.

*Ensure the student knows specifically what you expect from him/her and reward any (even small) prosocial behavior.

Troublemaker

BEHAVIOR TOOLBOX



Troublemaker

What NOT to do

*Do not openly show your anger.

*Do not rush to kick the troublemaker out of your class, this will diminish your power in the students eyes. Once the student sees that you can't handle him/her, it will be hard to regain your power back with this student.

*Do not make judgements and assumptions about this student.

*Do not exaggerate the troublemakers behavior and overly focus on it, this is unfair to the rest of the class.

*Do not focus on the consequences of the behavior as a means to stop it, likely the student will not be deterred by this.

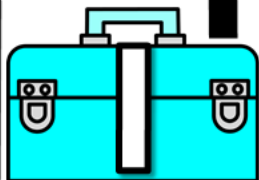
*Do not say things like "these are the rules and no exceptions" or have unfair rules geared towards this student such as no bathroom, nurse, or counselor passes.

*Do not fail to recognize the students distress, once you understand what is going on with the student, it will be easier to empathize.

Troublemaker

BEHAVIOR TOOLBOX

Troublemaker Quick Guide



What it looks like

*Student is always causing trouble.

*He/she seeks out the negative of every situation.

*Student attempts to convince others that the rules are unfair.

*He/she starts rumors and points out any advantage one student has over another.

*Student has a low self-esteem and usually looks like they are unhappy.

*Student does not care about the consequences.

*Student gets a sense of power over causing trouble.



What to do

*Ensure the class understands the rules, the purpose of each rule, and seek student input.

*Have a private conference with the student to try to find a reason for the behavior. Make the student see that you care and are worried about them because this is out of character for them.

*Often troublemakers feel their teacher does not like them, say 'If I did not care for you, I would allow you to do whatever you want like miss school, miss work, not pay attention, etc. I do care, which is why I push you to complete your work and be the best person you can be'

*Use patience when dealing with this student. Attempt to reduce negatives in the students life, and increase positive diversions, for example tell the student to make sure they take care of themselves and give them a night off of homework (temporary allowance to show your empathy) to validate your concern.



What NOT to do

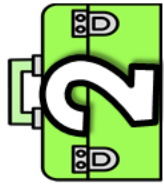
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Trouble-maker

What to do (Cont.)

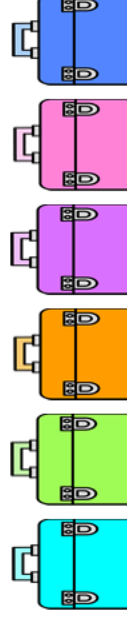
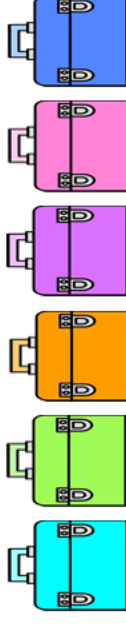
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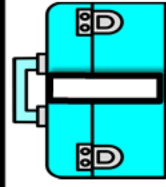
*Ensure the student knows specifically what you expect from him/her and reward any (even small) prosocial behavior.

"A change in behavior begins with a change in the heart."

BEHAVIOR TOOLBOX

Trouble-maker





Trouble-maker

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(Continues on the flap)



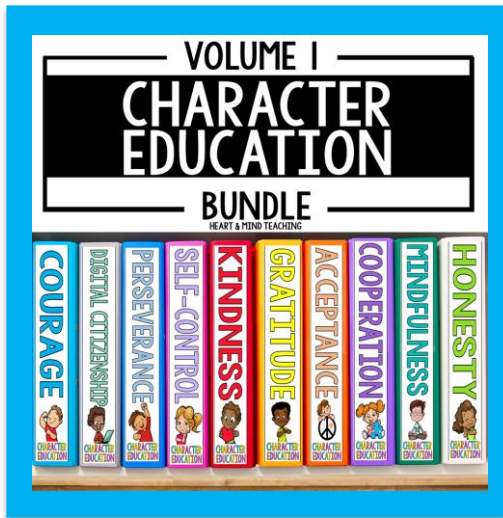
Trouble-maker

What NOT to do

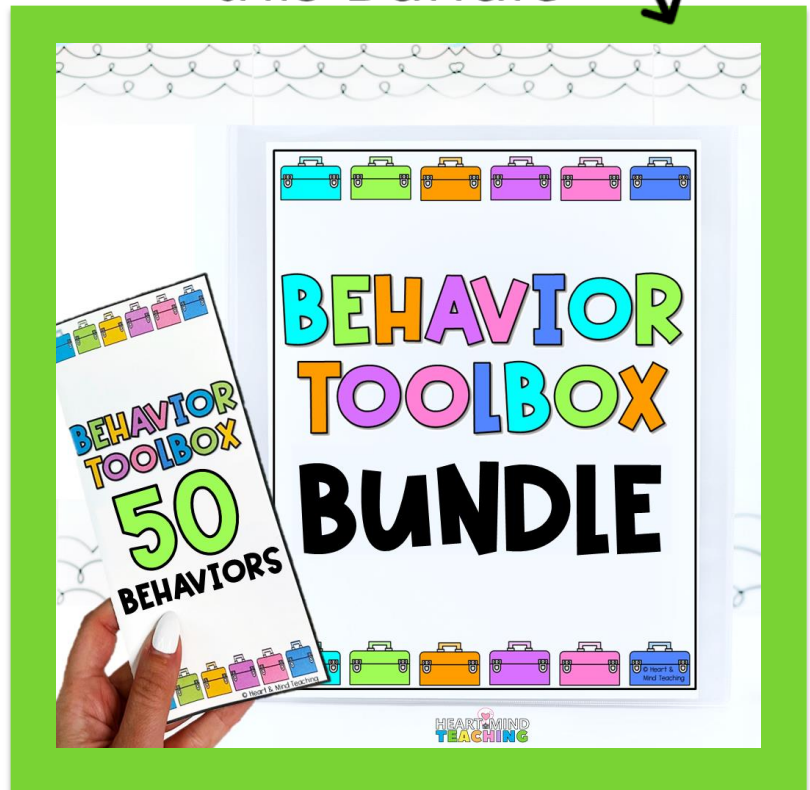
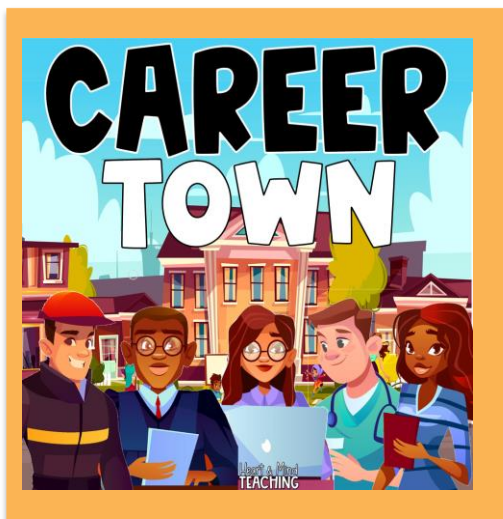
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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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